



January 2024 Calendar

The Shepherd's Center of Kernersville - Senior Center
636 Gralin St. Kernersville, NC 27284 Call: 336-992-3180

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKLY PROGRAMS	9:30 - Bridge 10:00 - Stretch & Flex 10:00 - Cards by Robin (2nd Mon.) \$12 Kit Fee 11:00 - Caregiver Support Group (2nd and 4th Monday) 11:15 - Line Dance Group A \$6 2:00 - Pinochle 1:00 - Tatting on <i>Zoom</i> 1:15 - Line Dance Group B \$6 1:00 - Ukulele Troupe \$ * 2:30 - Ukulele Lessons \$ * 2:00 - Chair Yoga II \$5 2:30 - Advance Square Dance \$6	9:30 - Bee Quilters 10:00 - Music Jam Session 10:00 - Stretch & Flex 11:30 - Hand & Foot 12:30 - Bridge 12:30 - Bridge Day (3rd Tues) 1:00 - Books Ignite Book Club (3rd Tues) 2:00 - Cardio Drumming	9:00 - 12:00 Computer Lab by Appt. Only \$5 Donation 10:00 - American Sewing Guild Fee \$ (3rd Wednesday) 10:00 - Games & Conversation 10:00 - Tai Chi \$5 12:00 - American Sign Language Practice 12:00 - Open Watercolor Studio 12:30 - Mah Jongg 1:00 - Basket Weaving \$ 1:00 - Bowling at Countryside Lanes \$9.50 shoe rental/3 games 2:00 - Pick & Play Dulcimer Players	9:30 - Pickleball Lessons\$ * 10:00 - Euchre 10:00 - Needle Arts 10:00 - Stretch & Flex 12:00 - Pinochle 12:30 - <i>New!</i> Beginner Line Dance \$6 12:30 - Newcomers & Neighbors Bridge 3 rd Thurs 1:00 - Chair Yoga I \$5 1:00 - Dominoes 2:15 - Begin. Square Dance \$6 4:00 - TedderBear Stamping YouTube Live (2nd & 4th Thurs.)	9:00 - 12:00 Computer Lab by Appt. Only \$5 Donation 9:00 - 3:30 pm Sit-n-Stitch (3rd Fri.) 10:00 - Rubber Stamping with Patti (2nd Fri.)\$ 10:00 - Bingo (Bring 2 prizes and win 2 prizes) 11:30 - Hand & Foot 1:00 - Movie Matinee (2nd Friday)
SPECIAL PROGRAMS	1 Closed for New Year's Day	2	3	4	5
	8	9 1:00 - Quilted Jacket Lessons\$ 1/5	10 11:30 - Lunch Bunch Monte De Rey\$ 2:00 - Beginner Crochet 1/4	11 9:30 - Beginner Bridge Lessons 1/6	12 1:00 - Movie Matinee: Call for Movie Title 336-992-3181
	15 9:30 - Beginner Acrylic Painting Lessons \$ 1/6	16 9:30 - Blood Pressure Screening 1:00 - Quilted Jacket Lessons\$ 2/5	17 2:00 - Beginner Crochet 2/4	18 9:30 - Beginner Bridge Lessons 2/6	19 1:00 - Winter Wreath
	22 9:30 - Beginner Acrylic Painting Lessons \$ 2/6	23 11:00 - National Pie Day 1:00 - Quilted Jacket Lessons\$ 3/5	24 2:00 - Beginner Crochet 3/4	25 9:30 - Beginner Bridge Lessons 3/6 2:00 - Art and Wellness Cancer Therapy	26 11:30 - Salad, Sandwich and Soup Covered Dish Lunch
	29 9:30 - Beginner Acrylic Painting Lessons \$ 3/6 11:00 - National Puzzle Day Contest	30 1:00 - Quilted Jacket Lessons\$ 4/5	31 11:00 - Smart Phone Photography Onsite and <i>Zoom</i> 2:00 - Beginner Crochet 4/4	\$ = Supply and/or Instructor Fees * Call for lessons dates Call 336-992-3180 for More Information	



February 2023 Calendar

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		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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		\$ = Supply and/or Instructor Fees Call 336-992-3180 for More Information			1 9:30 - Beginner Bridge Lessons 4/6 9:30 - Pickleball Lessons 1/4 \$	2
SPECIAL PROGRAMS	5	9:30 - Beginner Acrylic Painting Lessons \$ 4/6 10:00 - Valentine Lantern \$5	6 1:00 - Quilted Jacket Lessons\$ 5/5	7 10:00 - Early Heart Attack Care 1:30 - Chocolate and Tea Pairing \$6 2:00 - Intermediate Crochet 1/3	8 9:30 - Beginner Bridge Lessons 5/6 9:30 - Pickleball Lessons 2/4 \$	9 1:00 - Movie Matinee Call for Movie Title
	12	9:30 - Beginner Acrylic Painting Lessons \$ 5/6 1:00 - Pen Pals	13 9:30 - Blood Pressure Screening	14 11:00 - Valentine's Day Make & Take 2:00 - Intermediate Crochet 2/3	15 9:30 - Pickleball Lessons 3/4 \$ 9:30 - Beginner Bridge Lessons 6/6	16
	19	9:30 - Beginner Acrylic Painting Lessons \$ 6/6 10:00 - Mack's Mindfulness Meditation \$5	20	21 2:00 - Intermediate Crochet 3/3	22 10:00 - Myth or Truth: Is it Normal to be Forgetful? 2:00 - Art and Wellness Cancer Therapy	23 11:30 - Covered Dish Lunch
	26		27	28 2:00 - Amigurumi Crochet 1/5	29 9:30 - Pickleball Lessons 4/4 \$	